

# Stepping into Change with Confidence

Mike Kutzke

*How to Leverage the Impacts of Change and Communication*

Are you prepared to identify and take advantage of the opportunities that future change will present? In a fun and fast-paced learning environment, this presentation is designed to help individuals stay energized and positive in today's challenging work environment. The presentation will focus on the impacts of communication and change in our day-to-day lives. Please come prepared to smile, laugh and enjoy the presentation.



The *"Willmar 8"* were eight female employees of the Citizens National Bank in Willmar who went on a two-year strike on December 16, 1977, over charges of sex discrimination. They have been featured on the front page of The Wall Street Journal, appeared on Phil Donahue and NBC's "Today Show", a documentary was made about them and a movie, which was shown on 60 minutes. Four of these brave women will talk to our group about the longest bank strike in American history and their fight for women's rights.



SGT Michael Jahnke

*Workplace Violence*

As various factors impact both employees at home and in the workplace, as well as unknown individuals, an event may occur at work in which violence erupts toward fellow employees, customers or others. Taking action quickly, and taking the right kind of actions, is critical to saving your own life and the lives of others.



Kristine Fladeboe Duinincq

*The Confidence Factor*

We will talk about the importance of humble confidence, being our authentic selves, being real and professional all in one, choosing joy and showing/sharing our hearts. There is a fine line between being over or under confident and we will talk about how to find that natural balance to increase your opportunities while being genuine and true to yourself.

Be sure to join us for the Friday Night "Wine and Dine"

# Stepping into Change with Confidence — April 20-21, 2018

Johnny O'Neil's Green Lake Social Event Center • 152 Lake Avenue North | Spicer, MN 56288

**Registration Form Due By April 13, 2018**

Name \_\_\_\_\_ Work Phone \_\_\_\_\_  
Address \_\_\_\_\_ Home Phone \_\_\_\_\_  
\_\_\_\_\_ Email \_\_\_\_\_  
Cell Phone \_\_\_\_\_ Member of \_\_\_\_\_ Club

The 2-day event fee is all inclusive: Friday Night "Wine & Dine"\*, Friday night transportation, Saturday event speakers and lunch.

## **REGISTRATION DUE: APRIL 13, 2018**

**2-DAY EVENT RATE:** MEMBER FEE . . . . . \$ 129<sup>00</sup> NON-MEMBER FEE . . . . . \$189<sup>00</sup>  
**SATURDAY ONLY:** MEMBER FEE . . . . . \$ 99<sup>00</sup> NON-MEMBER FEE . . . . . \$159<sup>00</sup>

*(PLEASE NOTE: Late registrations are not guaranteed availability of meals as count must be given early to the hotel.)*

**TOTAL ENCLOSED . . . . . \$ \_\_\_\_\_ Check # \_\_\_\_\_ MAIL CHECKS PAYABLE TO: [MFBPW](#)**

*Send check and form to: **Presto Print • 1257 S Pokegama Ave • Grand Rapids, MN 55744***

List additional names you're paying for below:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**EVENT QUESTIONS:** Beth Gibson Lilja at (612) 616-1215 or email: [bethlilja@hotmail.com](mailto:bethlilja@hotmail.com)

## April 2018 MFBPW State Event Stepping into Change with Confidence

### Tentative Schedule

#### Friday, April 20, 2018

5:00 – 6:00pm Registration - Spicer, MN, Hampton Inn  
6:00 – 9:00pm Friday Night Fun Event –  
"Wine & Dine"

#### Saturday, April 21, 2018

6:00 – 8:00am Hotel Complimentary Breakfast | Hotel Check-out  
7:30 – 8:00am Registration at Johnny O'Neil's Green Lake Social  
8:00 – 8:30am Welcome and First Timers Introduction  
8:30 – 9:30am Speaker #1 – Mike Kutzke  
9:45 – 11:30am Speaker #2 – Willmar 8  
11:30 – 1:00pm Lunch  
1:00 – 2:15pm Speaker #3 – Sgt. Mike Jahnke  
2:30 – 3:30pm Speaker #4 – Kristine Fladeboe-Duininck  
3:30 – 4:00pm Awards and Closing

## MAKE YOUR ROOM RESERVATIONS FOR THE EVENT WITH:

Hampton Inn Spicer Green Lake | 100 Lake Avenue North |  
Spicer, MN 56288 | (320) 796-3000

Standard room ( 2 queen beds):

**\$139 + fees/taxes**

Room Block under:

"Business & Professional Women (Code = MNB)"

Room block available Thursday thru Sunday

*Hotel reservation includes complimentary  
full hot breakfast from 6 - 10am*

**HOTEL  
DEADLINE:  
MARCH 15, 2018**

*Please note that the hotel is not offering late check-out as they  
have weddings coming in that day as well and there is  
not enough turn-around time for them. Therefore, everyone will  
need to check-out before coming to the meeting.*