

The Bulletin

February 2015

The Official Publication of the St. Paul Business & Professional Women's Assn

St. Paul Business Women meet February 4

Please join St. Paul Business Women on Wednesday, Feb. 4 for our next meeting in the Community Room at Gallery Tower Condominium, 26 West 10th Street, St. Paul. This month's speaker is Dr. Brenda Weierke, a chiropractor with offices in South St. Paul and Taylors Falls, MN. Dr. Weierke works in the areas of ergonomics in the workplace and women's health issues, including nutrition and estrogen levels. On the menu are chili, corn muffins, coleslaw, and sundaes for dessert.

Visitors are welcome to join us for all our dinner meetings and programs. Please call or email for reservations and directions this month by noon Monday, Feb. 2 to Gladys at 651-229-0201, gladysmort@aol.com or Connie at 651-270-9144, chill005@gmail.com

Meeting Details: Wednesday, February 4, dinner & meeting 6-8:30 p.m.

Location: Gallery Tower Community Room, 26 West 10th Street, St. Paul.

Reservations: 651-270-9144, or chill005@gmail.com, by June 4.

Upcoming Programs

The March 4 meeting will be at the Landmark Jewelers, downtown St. Paul, at 6 pm – on the menu will be subs and choc chip cookies w/beverages.

April is TBD and the speaker will be Charles Coad (on chocolate).

Legislative Update

Rep. Kelly Fenton (GOP) of Woodbury, whose district (53B) includes parts of Washington County, has included us in her legislative newsletter. She was appointed vice chair of the Rules and Legislative Administration committee, and serves on the Education Finance, Environment & Natural Resources Policy Finance, Government Operations & Education Policy, and Subcommittee on Metropolitan Council Accountability & Transparency.

Flood Disaster Relief Bill Helps Washington County

Last Monday, Rep. Fenton reports, the House passed Senate File 1, a bill that provides \$17 million for recovery efforts in the wake of last summer's flooding, which was severe enough to elicit a federal disaster declaration. Three tribal government and 47 counties, including Washington County, submitted requests for relief and were included in the bill.

A Message from Our President:

We will soon be celebrating St Valentines Day, on February 14th, which prompted me to find out the origins of this romantic holiday.

It's origins began in the 5th century, when roman citizens celebrated a fertility ceremony called *Lupercalia*, During this time the roman emperor Claudius 2nd banned marriage for single roman soldiers as he thought that single men made better soldiers. A cleric named Valentine secretly held marriage ceremonies nonetheless. When this was discovered he was executed and became a martyr.

During the 5th century the Emperor Gelasius publicly honored the martyr.

Moving to more recent times in the 17th Century in the United Kingdom people started giving gifts and exchanging cards and so it became a romantic ceremony.

Today it is estimated that for St. Valentine's Day, more than on any other holiday in the calendar, \$220 million dollars is spent on roses and four billion on jewelery, with couple often becoming engaged on 14th February.

It is easy to forget that this date can also be a time of sadness for some. Just thinking of my life, last year a member of my home AA group committed suicide on this date. On a happier note, on February 14th, 1981, I stopped drinking and started my journey of recovery.

See you in February.

JOY

Welcome new member . . .

St. Paul BPW welcomes new member Irene Theis of Maple Grove. Irene is a long-time BPW Minnesota member, now joining our local organization. She was state president 1992-93 and formerly a member of the Bemidji and North Hennepin BPWs.